Methanol is a substance that can be toxic when absorbed through the skin and can be life-threatening if ingested. The following are recommendations to keep you and your family safe:

• Check that your hand sanitizer is not on the FDA's recall list. If your hand sanitizer is listed, stop using it and dispose in a hazardous waste container. Do not flush or pour it down the drain.
• Call the Virginia Poison Center **1-800-222-1222** if anyone has swallowed hand sanitizer or suspects a poisoning.
• Never swallow any hand sanitizer and use it only as directed in small amounts for its intended purpose — to clean hands.
• Keep alcohol-based hand sanitizers out of the reach of children and supervise use.