

Poison Prevention: Lesson for K-2

Time: 30 minutes

Possible objectives:

- Students will be able to describe what a poison is.
- Students will be able to identify potential poisons in the home and outside.
- Students will recognize how to be safe around potential poisons

Introduction:

- Ask/Brainstorm:
 - “When you hear the word poison - do you think of things that are good for you or bad for you?”
 - “What are some poisons that could be around your home?”
 - “What are some poisons that could be found outside?”
- Discuss/Explain:
 - “At home and outside there are items that look like drinks, candies, or snacks, but that are actually dangerous poisons. Poisons are anything that gets inside your body that can hurt you or make you sick when used in the wrong way.”
- State the main rule:
 - **“If you don’t know, don’t touch-ask a grown-up!”**
- Optional Introduction Activity Ideas:
 - Choose a children’s book to read and discuss the potential poisons and how the characters handled each situation throughout the story line.
 - <https://poison.vcu.edu/media/va-poison-center/docs/ChildrensBooksList.pdf> created by the Virginia Poison Center
 - OR
 - Show the Stop Ask First video (3 min. 43 sec.).
 - https://www.youtube.com/watch?v=ZymgzM_u8Eg created by the Texas Poison Center Network
 - After the video discuss:
 - What are poisons that Zipper and Mellie see?
 - Berries
 - Snake
 - Laundry Pods
 - Candy vs. Medicine
 - “What should you do before you eat, drink or touch something if you aren’t sure what it is?”
 - **Stop and ask first!**

Direct Teaching:

- Discuss:
 - “What is a poison?”
 - “A poison is anything that is used in the wrong way that can make your body sick or hurt if you eat it, drink it, breathe it in, or get it on your skin.”
 - “Some things are safe when used the right way- like medicine or cleaning spray- but can become poisonous if used the wrong way or if kids touch them without an adult.”
 - Ask: “How do poisons get into your body?”
 - Mouth
 - Eyes
 - Skin
 - Nose
- Hold up or display on a smart board the Stop or Go/Look-Alike pictures (included) and ask questions like:
 - “Why should you stop or go?”
 - “Which one is safe to eat or drink?”
 - “How do you know?”
 - “Who should you ask?”
- Optional Activity:
 - Complete the **Find the Poison** activity page (included) independently or as a group. (If completed independently, go over what should/shouldn't have an “X” and why/why not.)

Closure:

- Review:
 - What is a poison?
 - What should you do if you're not sure something is safe?
- Repeat the rule: **“If you don't know, don't touch-ask a grown-up!”**

Optional Assessment:

- Exit Ticket: Students draw or write two poisonous dangers they learned about.
- Verbal Check: Ask students to name a few poisons and what they would do if they found something that looks like food but they aren't sure.
- Thumbs Up/Down: Show quick pictures and have students vote safe/not safe.

Additional Activities:

- **Poison Prevention Hero Kahoot!** game created by the Blue Ridge Poison Center
 - <https://create.kahoot.it/share/are-you-a-poisoning-prevention-hero/826a6a84-424a-401f-b419-764f092ae9cd>
- **Poisons in the Home** activity sheet (included) created by Upstate New York Poison Center

IF YOU FIND THIS SHOULD YOU

STOP OR **GO**?



**POISON
HELP** 
1-800-222-1222

IF YOU FIND THIS SHOULD YOU

STOP OR **GO**?



**ASK AN ADULT FIRST! While not all snakes are
venomous they can still bite!**

IF YOU FIND THIS SHOULD YOU
STOP OR GO?



**POISON
HELP** 
1-800-222-1222

IF YOU FIND THIS SHOULD YOU
STOP OR GO?



IF YOU FIND THIS SHOULD YOU

STOP OR GO?



**POISON
HELP** 
1-800-222-1222

IF YOU FIND THIS SHOULD YOU

STOP OR GO?



ASK AN ADULT FIRST!

IF YOU FIND THIS SHOULD YOU

STOP OR GO?



**POISON
HELP** 
1-800-222-1222

IF YOU FIND THIS SHOULD YOU

STOP OR GO?



ASK AN ADULT FIRST!

IF YOU FIND THIS SHOULD YOU

STOP OR GO?



**POISON
HELP** 
1-800-222-1222

IF YOU FIND THIS SHOULD YOU

STOP OR GO?



IF YOU FIND THIS SHOULD YOU

STOP OR GO?



**POISON
HELP** 
1-800-222-1222

IF YOU FIND THIS SHOULD YOU

STOP OR GO?



**ASK AN ADULT FIRST! Since this isn't in the
wrapper you don't know if its candy or
medicine!**

WHAT DO YOU THINK- MEDICINE OR CANDY?

A.



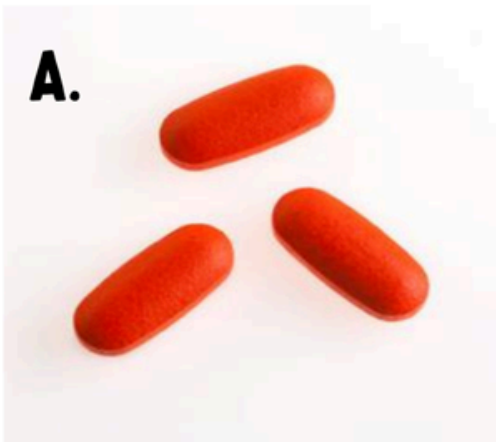
B.



WHAT DO YOU THINK- MEDICINE OR CANDY?

**POISON
HELP** 
1-800-222-1222

A.



Ibuprofen
(medicine)

B.



Orange-flavored
breath mints

WHAT DO YOU THINK- WHICH IS POISONOUS?

A.



B.



**POISON
HELP**
1-800-222-1222

WHAT DO YOU THINK- WHICH IS POISONOUS?

A.



Morel

(edible—but don't pick
mushrooms unless you're
an expert!)

B.



Death Cap
(poisonous)

WHAT DO YOU THINK- CLEANING PRODUCT OR JUICE?

A.



B.



**POISON
HELP**
1-800-222-1222

WHAT DO YOU THINK- CLEANING PRODUCT OR JUICE?

A.



Juice

B.



Cleaning Product

WHAT DO YOU THINK- MEDICINE OR CANDY?

A.



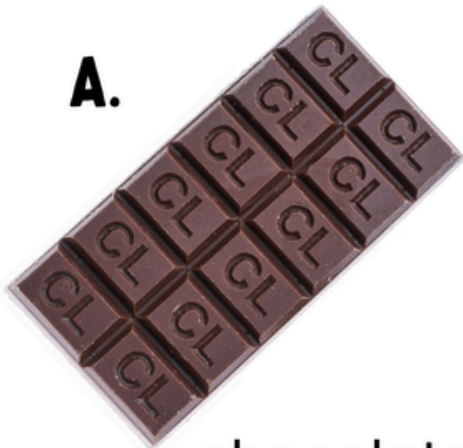
B.



WHAT DO YOU THINK- MEDICINE OR CANDY?

**POISON
HELP** 
1-800-222-1222

A.



chocolate
laxative
(medicine)

B.



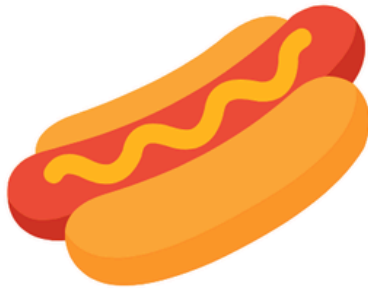
chocolate
candy bar

Name: _____

Find the Poisons.

Stop! Ask First!

Directions: Put an "X" on top of each item that could be a poison to say "Stop! Ask first!"



FREE

OPEN
24/7

**POISON
HELP**
1-800-222-1222



CONFIDENTIAL

ANSWER KEY

Find the Poisons.

Stop! Ask First!

Directions: Put an "X" on top of each item that could be a poison to say "Stop! Ask first!"



FREE

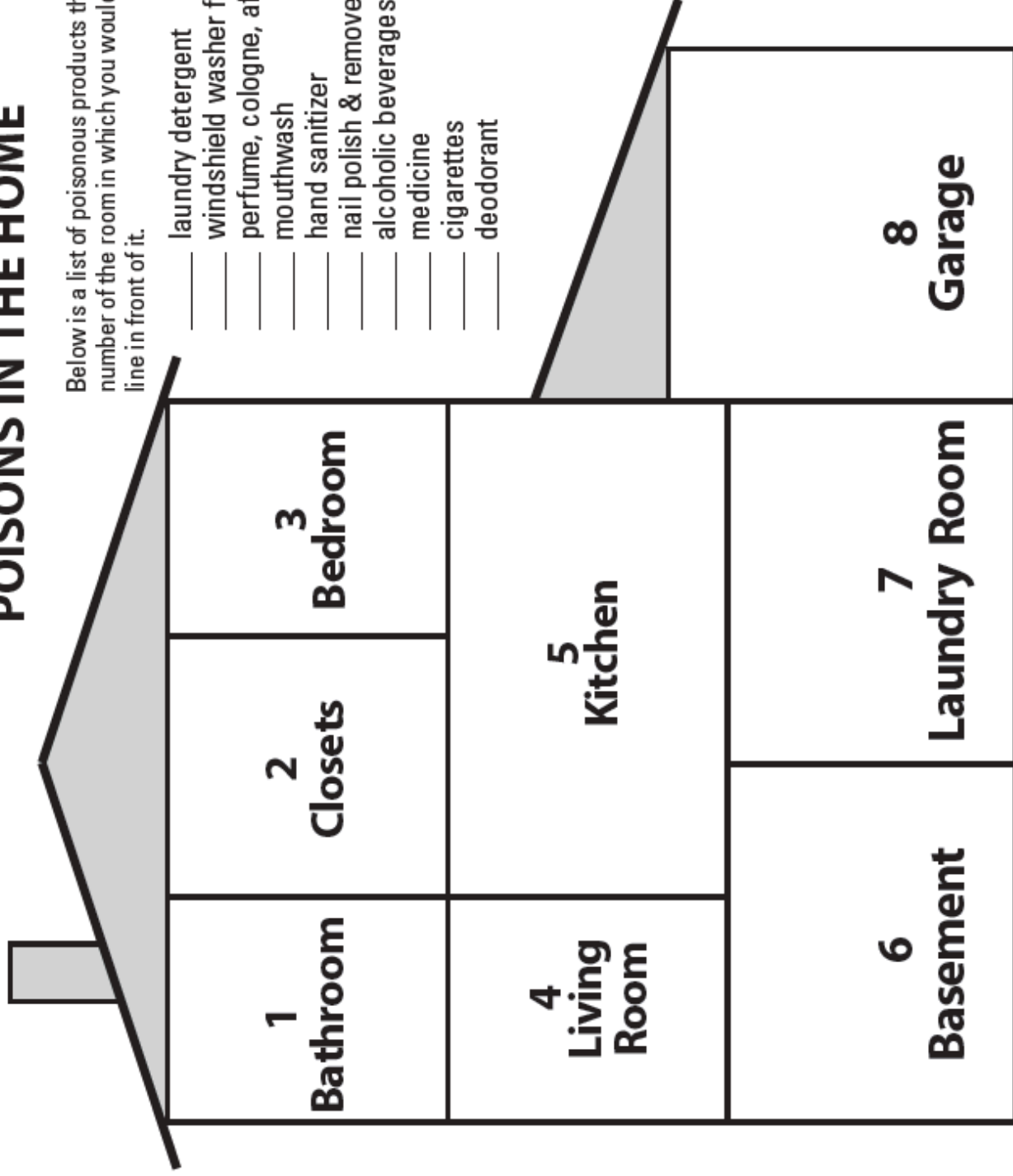
OPEN
24/7

**POISON
HELP**
1-800-222-1222



CONFIDENTIAL

POISONS IN THE HOME



Below is a list of poisonous products that are found in most houses. Put the number of the room in which you would find each poisonous product on the line in front of it.

- ___ laundry detergent
- ___ windshield washer fluid
- ___ perfume, cologne, aftershave
- ___ mouthwash
- ___ hand sanitizer
- ___ nail polish & remover
- ___ alcoholic beverages
- ___ medicine
- ___ cigarettes
- ___ deodorant

- ___ furniture polish
- ___ bleach
- ___ gasoline
- ___ cosmetics
- ___ rubbing alcohol
- ___ shampoo
- ___ vitamins
- ___ motor oil
- ___ plants
- ___ fertilizer

NOW THAT YOU HAVE FOUND THE POISON DANGERS...LOCK THEM UP!