Hello Teachers,

This toolkit contains links to classroom activities and other resources to help you teach children about poison prevention in your classroom or other educational settings.

Suggested grade levels are listed; however, YOU know your students best. Review the materials and feel free to modify as necessary. If you need assistance, have a question or an idea, please reach out to:

Shelly Clary, MA, BS
Education Specialist
Virginia Poison Center at VCU Health
Phone: 804-828-4780
E-mail: Shelly.clary@vcuhealth.org
**POISON HELP**

**Contents**

**PRESCHOOL**
- List of Children's Books/Read Alouds
- Spike's Poisoning Prevention Adventure
  - YouTube Video
  - Spike's Teacher Guide
  - Spike’s Parent Brochure
- Stop, Ask First!
  - YouTube Video
  - Coloring Sheet
- Parent Handout
- Printable Activity Sheets

**ELEMENTARY**
- List of Children's Books/Read Alouds
- You Can Be a Poisoning Prevention Hero program, including:
  - YouTube video
  - Home Safety Checklist
  - Parent Letter
- Printable Poison Prevention Workbook
- Printable Activity Sheets
- Tox Tales: Creepy Crawlies Video
- Safe or Poison Interactive Game
- Scholastic OTC Medicine Safety Program, for 5th-8th graders.
  Includes:
  - Videos
  - Lesson Plans
  - Parent newsletter
  - Worksheets
  - ...and more

**MIDDLE/HIGH**
- Poison Jeopardy! Game
  - Game (in the form of a Powerpoint slideshow)
  - Teacher’s guide
- Toxic Trivia for Teens
  - Kahoot! game
- Poison Prevention Escape Room
  - Interactive game
  - Home Safety Checklist
- Printable Poison Prevention Workbook
- OTC Medicine Safety Program
- Resources on Vaping
- Information on Internet Safety
- Peer Pressure Lessons/Activities
For Preschoolers

- A list of children's books with poison prevention messaging and discussion topics.

Young children are at greatest risk for unintentional poisonings - and that's why the America's Poison Centers created the Quills Up - Stay Away! program. A Poison Awareness Program featuring Spike, the porcupine puppet. The program, designed for preschool children, makes it easy and fun to teach this important topic.

Resources from Spike’s Poison Prevention Adventure
- View Spike’s Poison Prevention Adventure video online
- Spike’s Educator Guide
- Spike’s Parent Brochure

Our homes are full of potentially harmful substances. However, it is often difficult for children to distinguish between nonpoisonous and poisonous substances. When teaching them about potential health risks, it is best to keep it simple. This video by The Upstate New York Poison Center

- View the Stop! Ask First! video online
- Mellie and Zipper Coloring Sheet

Other Resources for Educators/Parents:
- Keep Children Safe From Poisons
- Videos and Printable Activity Sheets for Children
For Elementary

- A list of children's books with poison prevention messaging and discussion topics.

Other Resources:
- Videos and Printable Activity Sheets for Children
- Virtual Story Time & Tox Tales: Creepy Crawlies
- Printable Poison Prevention Workbook for Children
- Kahoot! "Are you a poisoning prevention hero?" (created by the Blue Ridge Poison Center)
- Over-The-Counter (OTC) Medicine Safety by Johnson and Johnson Consumer Health: (for 5th-8th grade) all program materials are online, including lesson plans, videos, games, stories, classroom worksheets, and parent newsletters. There is also a Kahoot! game. Highly recommended!

- View the Lesson Plan, Activity, Parent Letter, Home Checklist
- View You can be a Poisoning Prevention Hero! video online
  (created by the Blue Ridge Poison Center)
- View the Printable Poison Prevention Hero Word Search
- View the Printable Poison Prevention Hero Certificate

- Safe or Poison – Interactive Game
  (created by the Missouri Poison Center)
- OTC Medicine Safety by Scholastic: includes a teacher’s guide, supporting skills charts, lessons, and worksheets that will address responsible medicine use
- Get Smart About Tobacco Lesson by Scholastic for Grades 3-5
- Internet Safety Lessons for Kids by Common Sense Education
For Middle/High

Games:

- Look-A-Like Quiz (created by the California Poison Center)
- Kahoot! - Toxic Trivia for Teens: A not-so-trivial quiz game (created by the Blue Ridge Poison Center)
- Poison Jeopardy!
- Educator’s Guide for Jeopardy!
- Pre-Test, Post-Test, and Answer Key
- Virtual Poison Prevention Escape Room
- Escape Room - Home Safety Checklist

Lessons/Resources:

- Over-The-Counter (OTC) Medicine Safety by Johnson and Johnson Consumer Health: (for 5th-8th grade) all program materials are online, including lesson plans, videos, games, stories, classroom worksheets, and parent newsletters. There is also a Kahoot! game. Highly recommended!
  - Over the Counter Drug Facts Label Video
  - Gary on the Street: Medicine Safety Video (Safe Kids Worldwide)
  - Safe Disposal of Medications Video (created by the Upstate New York Poison Center)
- Lesson Plans and Activities from the National Institute on Drug Abuse
- Teens and Vaping: The Real Health Consequences by Scholastic
- Know the Risk (electronic cigarettes) Virtual Field Trip by Discovery Education
- Social Media Tips for Parents from America’s Poison Centers
- Internet Safety Lessons for Teens by Common Sense Education
- Teacher’s Guide to Peer Pressure Grades 6-8 by Kids Health
- Teacher’s Guide to Peer Pressure Grades 9-12 by Kids Health

provides standards, links for articles for teens, discussion questions, activities for students, and reproducible materials

Teacher’s Guide to Peer Pressure provides standards, links for articles for teens, discussion questions, activities for students, and reproducible materials
Be sure to keep the toll free **Poison Help** number nearby so you can find it quickly in an emergency. Visit our website to order your stickers and magnets to distribute to your students and/or their parents. We also have great posters with poison prevention messaging that can be displayed in public spaces.

We also have a variety of **fact sheets** and activity sheets to include in your education outreach.

Please allow at least 3 weeks for your order to arrive.

To order, visit our website and fill out the **materials order form**!